

NJDC Fact Sheet



July 25 – August 1, 2009
Hosted by
Disabled Athlete Sports Association
St. Peters, MO

Sponsored by:



Sanctioned by
Wheelchair Sports, USA

What: 2009 National Junior Disability Championships

When: Saturday, July 25th through Saturday, August 1st , 2009 (see tentative schedule).

Who: All athletes between the ages of 7 and 21 with the exception of 23 for weightlifting only (See Eligibility section for more detailed information) who have met the appropriate Disabled Sports Organization (DSO) qualifying standards at a sanctioned regional qualifying meet or an approved qualifying competition. The list of events and qualifying standards are on the NJDC website (www.wsusa.org) or can be requested by email. Disabilities may include but not be limited to:

Spinal Cord Injury	Spina Bifida
Cerebral Palsy	Amputation
Muscular Dystrophy	Dwarfism
Osteogenesis Imperfecta	Congenital Anomalies
Blindness	Traumatic Brain Injury

If you are unsure as to eligibility for this meet, contact the Meet Director at NJDC@dasasports.org

- Events:**
- Archery
 - Field (Shot put; Discus, Javelin; Long Jump; High Jump; Triple Jump; High Toss; Club Throw; Precision Toss; Thrust & Distance Kick; Softball Throw; Pentathlon)
 - Swimming (Short Courses, indoor pool-8 Lane 25 yd. length; Colorado Timing System)
 - Table Tennis (8 tables available for classed individual, open, doubles, and open novice play.)
 - Track (8 Lane Track: fast 400 Meter Track 100 Meter straights and 100 Meter Curves; Finish Lynx Timing System)
 - Weightlifting (Power and Bench styles will be contested)
 - 3 On 3 Wheelchair Basketball (1/2 court tournament play)

EVENT	LOCATION
NJDC host hotel Registration/Classification (except swimming) Nerve Center Hospitality Room Awards Banquet/Dance Coaches' Meeting	Sheratons at Westport 191 West Port Plaza Maryland Heights, MO 63146 314-878-1500
Opening Ceremonies Team Photos Meal Plans Archery Weightlifting Table Tennis Track & Field 3 on 3 Basketball	St. Charles West High School 3601 Droste Road / Zumbuhl Rd St. Charles, MO 636-723-7900
Swimming Sled Hockey Clinic	St. Peters Rec-Plex 5200 Mexico Road St. Peters, MO 63376 636-939-2386

ALL VENUES ARE SUBJECT TO CHANGE BEFORE THE GAME

- Age** Competitive age for events is determined by the athlete's age as of January 1, 2009.
- Divisions:**
- Division A Ages 7-9
 - Division B Ages 10-12
 - Division C Ages 13-15
 - Division D Ages 16-18
 - Division E Ages 19-21 with the exception for Weightlifting is 19-23.
- Membership:** All participating athletes must be current members of Wheelchair Sports, USA. Registered coaches must have proof of current membership. **Proof of membership will be verified.**
- Classification Format:** Each athlete will be classified according to his or her functional ability to allow fair competition between athletes with similar abilities. The adult international classification systems will be utilized.
- All classifications completed at the regional level must be reviewed and confirmed at the NJDC. If you feel there is a change in your athlete's functional ability due to a change in medical status, you can complete Form 14, "Classification Review Request Form" included in this packet. All athletes needing classification must be classified during the scheduled time. Athletes needing classification will be notified via email. Athletes who fail to complete the classification process during this time will be scratched from those events where they do not have a national classification. Should an athletes' classification change to a higher class, the athlete will be able to compete in the new class, provided the athlete met the qualifying standards in the class competed in at the qualifying meet and that event is offered for the new classification. Events can not be added during check-in. **All Swimming classification will occur on Saturday July 25, 2009 only due to the swimming events schedule. Other classification will occur on Saturday and Sunday.** There will be **no exceptions** to this as it is necessary to get heat sheets prepared by the first coaches meeting on Sunday July 26th, 2009. **Swimmers will have both a bench and water test by appointment only.**
- *All swim events will be heated based on qualifying times. However, awards will be based on classification, age and gender where applicable. Athletes may move up in class for more competition but must qualify in the class they will be competing in at the NJDC. Swimming events will be run by IPC rules.
- Awards:** **Team awards** will be provided for 1st, 2nd, and 3rd places for large, medium, and small teams. The team members are designated when you register.
- Spirit of Excellence Awards** will be presented to individuals for each sport male/female who display exemplary vision, focus, commitment, persistence, discipline, and sportsmanship. Nomination forms will be available at the coaches meetings.
- Registration:** The registration fee is \$180.00 includes the event t-shirt, commemorative plaque,

adhesive place medals for the first 3 finishers for placement on the plaque, competition entry fees for all events eligible to compete, socials, and educational opportunities and Banquet ticket. **Only those coaches and support personnel who are registered will be allowed in coach's meetings, receive heat sheets, and receive the final results packet. Qualifications for all athlete entries are verified. (It is the athlete's responsibility to ensure the LOC has the results available to do this.) It is recommended that coaches bring copies of these results with them for registration in case any questions arise. When reporting to registration coaches/athletes will be expected to verify by initialing each athlete's events, classification, date of birth, and gender. THIS IS YOUR LAST OPPORTUNITY TO MAKE CORRECTIONS. NO OTHER CHANGES WILL BE MADE UNLESS IT IS THE ERROR OF THE LOC.**

Transportation: Each team/individual will be responsible for their own ground transportation between the airport, hotels and venue sites. The host hotel provides transportation to and from airport, however, it is not wheelchair accessible. Lambert International Airport is served by all the major car rental agencies. Information about accessible transportation can be found at www.wsusa.org. Transportation of athletes, families, support service, etc. is the responsibility of each team or family. Assistance with transporting equipment must be arranged ahead of time. Transport and storage of competition equipment is at your own risk.
Hertz Rental Car Company is the 2009 NJDC Choice Car Company.

Meal Plan: A variety style menu will be offered for NJDC. Two meal plan options are available for athletes, coaches, support personnel, parents, etc. Most meals will be served at the competition venue. No "to go" meals available. **Plan A** consists of 9 meals, including lunch on Monday through Saturday and dinner on Monday, Tuesday, and Thursday. (Banquet not included) for \$150.00 per person. (Dinner on Wednesday and Friday are socials and will be free for all registered participants. **Plan B Lunch Only-** consists of 6 lunch meals Monday thru Saturday. **Plan A lunch and Dinner 9 meals cost- \$150.00, Plan B Lunch only 6 meals cost- \$100.00**

Banquet: The Awards Banquet/Dance will be held in the ballroom at the Sheraton Chalet. Tickets are \$35 per non registered person. This price included in registration fee.
Banquet meal will offer a choice of 1. Adult Chicken Dish, 2. Pasta or 3. Chicken Finger Meal

Additional Information: A confirmation letter or an incomplete registration that lists what your registration packet is lacking will be sent by **email**. If you receive an incomplete notice, you will be assessed a late fee if it is not taken care of by the registration deadline date (postmarked by June 19, 2009.) All athletes must be registered by 3:00 PM, Sunday, July 26th or they will not be eligible to compete. Athletes may be checked in by their coaches if they do **not** need to be classified.

Dress Code: All athletes will be expected to dress according to the rules of competition. It is the **responsibility** of each athlete to know the dress code for each event in which they wish to compete. Failure to comply will result in possible DQ according to NGB rules.

Opening Ceremonies:

Rachel Voss, member of DASA Dynamites and Team USA will be performing the National Anthem. Athletes are to come in their team uniforms as team photos (individual for the independent athletes) will be taken from 3:00 - 5:45 pm at the track prior to Opening Ceremonies. Each athlete and registered coach will receive a complimentary team photo by the end of the week. Appointments for the team photo must be made at registration. Staging for the parade of athletes will begin at 5:30 pm. Please bring a **team banner**, as each team will have escorts to carry the banner and lead them for the parade of athletes.

Medical Forms:

There is a physical form and a separate medical form. The physical form **must** be completed by a physician, ARNP, or PA. Physical forms completed since August 1, 2008 will be accepted in lieu of this form. There will be **no on-site physicals** performed. **Athletes without a current physical on file will not be allowed to compete.** **Everyone must submit** the attached **medical form** to be completed by the parent or athlete (if 18 years old).

Weather Concerns:

Summer in St. Louis is typically HOT and humid. Daytime temperatures can rise to 90 degrees during mid-day and feel like to 100 degrees. High humidity can create very uncomfortable conditions. Bring a hat and sunscreen with you, limit your time in the sun, and drink plenty of fluids. The Local Organizing Committee will provide appropriate shade for staging and plenty of water. Teams are encouraged to bring their own tents for shade. If you are competing at night you may also want to include bug spray as the mosquitoes come out at dusk.

Water:

Water will be available at all venues.

Photography:

Game photographers will be at all venues during the week. Team photos will be taken on Sunday prior to Opening Ceremonies. Multiple photo opportunities will be provided during the week for more formal individual sports portraits. These will be available for purchase during the week.

“Honest Effort”

The “honest effort” rule will be in effect for the NJDC. In other words, if the Referee determines that an athlete intentionally missed an event without scratching the night before at the coaches meeting and does not have a medical reason for scratching, he/she can be disqualified from all remaining events in that session.

Sport Rules:

The rules in the WSUSA rulebook and each US NGB will be enforced during all events. All competitors are expected to know the rules of each sport in which they compete, as this is a **national event**. If you have questions concerning any rules, feel free to call the NGB representative or individual DSO for clarification prior to coming to the Championships. *** swimming competition will follow IPC rules***

- Pentathlon:** Pentathlon events are open to athletes in age divisions “C”, “D”, and “E”, providing the classification offers the Pentathlon. Athletes may qualify for this by completing all the individual events at the same qualifying competition on the same competition day. The results from these individual events will then be scored using the pentathlon tables. The score must then meet the listed qualifying standard where appropriate.
- Equipment:** Helmets will be required for all wheelchair track events. Athletes will be expected to bring their own helmets for track; bows & arrows for archery; table tennis paddles, etc. All other equipment, such as field implements, table tennis tables will be certified and provided by the LOC. Athletes may use their **personal implements** for field events and pentathlon, however, they must be turned in by 1:00 pm on July 25, 2009 so they can be weighed and measured. They will then be available for all athletes to use in their specific field pit. Implements maybe picked up at St. Charles West Track and Field after the competitions.
- Protest:** A protest procedure will be in effect for the NJDC. A **\$25 filing fee** will be required when submitting the protest. Protests must be submitted according to the appropriate sport rules. This filing fee will be refunded if the protest is upheld or the fee will be forfeited if the protest is declined.
- Conduct:** Athletes, coaches, officials must abide by the Code of Conduct of Wheelchair Sports, USA in addition the Local Organizing Committee reserves the right to withdraw an athlete, parent or coach from further competition for profanity, abusive behavior or other inappropriate conduct. Absolutely no alcohol, drugs, or tobacco are to be used in the competition areas by athletes, coaches, support staff or parents. **NO SMOKING ON COMPETITION GROUNDS. Including Spectator seating.**
- Bathrooms:** Accessible restrooms/porta johns will be available at each venue. Catheter bags are to be emptied in the restrooms/porta johns only. Due to the heat and humidity, athletes are expected to bag and tie their disposable hygiene items prior to discarding them in the waste receptacles. Remember that you are representing your team and yourself.